



Victoria Albina, FNP-c, MPH is a cognitive behavioral life coach and a board certified, Family Nurse Practitioner and herbalist with over 15 years of experience in health and wellness, and training in functional medicine. Victoria roots her life coaching work in a deep belief in her clients power to change the disappointing, destructive, self-sabotaging patterns that keep folks from the life they want, starting with their thinking. Through collaborative and nonjudgmental exploration of a patient's strengths, vulnerabilities, goals and fears, folks find the self-confidence and courage to overcome obstacles to a gratifying life.

Victoria's goal is to get to the root cause of discomfort and disease, always asking what lies beneath symptoms, providing comprehensive, individualized care, rooted in a deep belief in health at all sizes. Victoria's passion is centered in caring for those who have not found the answers they need in western,

drug-based, allopathic care. Her passions include anxiety, stress management, digestive concerns such as IBS and IBD, hypothyroid, autoimmune concerns, fatigue and depression. Victoria combines natural and holistic medicine, alongside lifestyle modification and conventional medicine to provide patients with the best of all possible care.

Victoria is a cis-gendered queer Latinx immigrante witch, and was born in Mar del Plata, Argentina. She completed her undergraduate studies at Oberlin College, holds a Masters Degree in Public Health from Boston University with a focus on behavior change and environmental public health, studied to be a Family Nurse Practitioner at the University of California, San Francisco. She trained in Functional Medicine through the Kresser Institute for Functional Medicine, and as a birth doula with Doulas of North America. She is nationally certified by the American Association of Nurse Practitioners and the Association for the Advancement of Restorative Medicine, and is a member of the American Herbalist Guild. Victoria meets with clients virtually, world wide for life coaching, and has a clinic space in Manhattan where she meets with patients for medical care.

www.heartbeetsholistic.com

Alice Deighan is a badass sober femme with a big heart and an even bigger brain. She does not let her education (MSW) get in the way of her common sense, compassion, and capacity to connect with just about anyone. She's been an American Sign Language interpreter, activist for women's health care doing clinic defense work, a queer activist in the early days of ACT-UP. Later she served Queer Nation and worked on the 1983 March on Washington. Currently she's working at The Miriam Hospital in Providence Rhode Island as a clinical social worker. She prefers blue Monster Energy drinks over the green.



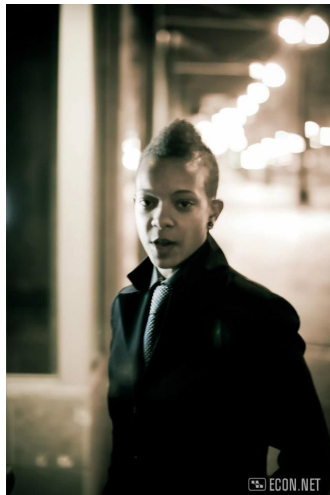
Joel D. Jackson is the University of Chicago—Medicine (UCM) Manager of Education and Training in the Department of Diversity, Inclusion and Equity.

He was born in Pittsburgh, PA and moved to St. Louis, MO with his family in 1990. In 1996 he graduated from Charles Sumner High School, the first Black high school west of the Mississippi River. He received his Bachelor of Arts in 2000 as the first male to major in Women's Studies at Washington University in St. Louis.

Prior to UCM, he was the Program Manager for the Center for Diversity and Cultural Competence at Barnes-Jewish Hospital. Joel has over 10 years of experience working in social justice, facilitating anti-oppression training and serving in the field of HIV prevention. In September 2012 he was a delegate to the National Black, Gay Leadership Initiative in Washington, DC.

He views himself as another care partner helping to enhance quality health care and contributing to a legacy of positive growth, inclusion and health equity for the greater Chicago community.

www.uchospitals.edu



Shalonda Ingram is a social entrepreneur committed to empowering communities via the arts. In doing so, Nursha Project employs place-based strategy enabling free exchange between audience and artist as a way of building courage to work for change.

Shalonda's early work, founding the social enterprise "Born Brown: All Rights Reserved®," sought to promote understanding and collaboration among people of color of diverse origins by countering oppressive media with messaging and merchandise that evokes self-acceptance and self-love.

Shalonda's tenure as Producer at Dance Theater Workshop represented the opportunity to mix the global view honed in Born Brown: All Rights Reserved® with the innovative staging created for Nursha Project inside an organization of long tradition and high regard.

In Recognition of excellence in this body of work she accepted invitations to City of Oakland Funding Advisory Board and the Brooklyn Arts Council Community Arts Regrant Program. She has also received nomination for Corporation for National & Community Service *Eli Segal Award* and *New York Innovative Theater Award* for the Nursha Project Production(s).

Shalonda is currently studying Public Administration at Roger Williams University in Providence, Rhode Island.

www.nurshaproject.com

AmariYah Israel is inspired by their Granny's golden remedies, restorative presence, and love. As a Reiki III practitioner, AmariYah aims to share reiki with anyone who asks. Reiki is a light- or no-touch relaxation and healing method. AmariYah believes healing is an active, vital function of life that is for all of us. They are learning about how to personally lessen barriers and trauma often experienced when seeking care. AmariYah imagines wider support of self-led treatment and how this can positively influence our collective healing. AmariYah volunteers with the Lake Effect Free Alternative Health Clinic and ATNSC: Center for Healing & Creative Leadership in Cleveland, Ohio.



AmariYah's background is in leadership development, diversity program design and facilitation, and student organizing. They are currently incorporating reiki into daily life and completing Reiki Master training. AmariYah holds a degree in sociology and gender & diversity studies from Xavier University. AmariYah appreciates the opportunity to learn from students through their work in the multicultural affairs and LGBT offices at Case Western Reserve University.



Randall Jenson is a queer, multiracial artist of color and the Creator and Director of SocialScope Productions, a LGBTQ documentary company focused on LGBTQ and intersectional multimedia projects. His intersectional documentary projects have been awarded multiple awards, including "outstanding anthropological work" by the Association for Queer Anthropology (2010) and the Third Wave Mobilize Power Fund (2016) and Kansas City Rocket Grant (2016). These recent grants helped fund the startup of both the KC transgender and gender non-conforming (TGNC) youth group and KC TGNC Summit: building a leadership fountain for TGNC youth and TGNC people of color.

Randall is a published writer, having been featured in "BOYS: An Anthology," and a blogger for The Huffington Post, Out Magazine, Bitch Media, The Advocate. In 2015, Randall was

appointed as the lead advocate to help loved ones and their communities cope and heal from 3 LGBTQ homicides in Kansas City. He previously worked as the Manager of Youth Services for the Kansas City Anti-Violence Project, providing multi-state advocacy directly to LGBTQ youth affected by trauma and violence, as well as the LGBTQ Youth Advocate at Safe Connections in St. Louis, helping build the first regional LGBTQ youth anti-violence program. Randall has received national awards for his leadership and work with young people and homeless and vulnerable youth, racial justice advocacy, addressing the juvenile legal system and media's impact on queer lives. He was a featured speaker at the National ACLU Membership Conference in Washington D.C., on The Oprah Show, and awarded the "Youth Impact Award" by the National Youth Advocacy Coalition.

www.randalljenson.com



Frances Reed is a gender-fluid, queer bodyworker, activist and somatic healer whose practice is based in the belief that touch can bring us into awareness about our bodies and generate the awareness needed for profound physical, emotional, and spiritual healing. Folks with marginalized identities experience high rates of trauma yet frequently do not feel safe enough to access body-based healing. In response to this Frances has devoted their career to chipping away at the barriers of judgment that have kept people out of healthcare & healing practices of all types. They are the co-owner and founder of Freed Bodyworks in Washington, DC, which is a holistic wellness practice that embraces the many ways that people's bodies are non-conforming: gender identity,

body modification, weight, culture, sub-culture, race, employment, ability, illness, age, and more.

www.freedbodyworks.com

Ariel Vegosen is a professional Gender Inclusivity Trainer, Workshop Facilitator, Writer, Educator, Mentor, Performance Artist, and Consultant. Ariel is the founder of Gender Illumination and for the past 15 years has facilitated trainings, workshops, and retreats for organizations, corporations, nonprofits, schools, communities, and faith based groups. This work has taken Ariel all over the US and internationally. Ariel has facilitated Gender Inclusivity Trainings for major tech companies as well as major policy institutes. Ariel is an ordained Hebrew Priestess and ritualist. Along with gender justice, Ariel's work focuses on intersectionality, commitment to working from an anti-oppression lens, and creating communities across diverse cultural backgrounds. Ariel loves to play with pronouns, bring joy into all aspects of life, and creatively spark conversations and connections. Ariel is available for workshops, performing, teaching, coaching, and speaking engagements.



www.genderillumination.com



Shannyn Vicente, is a Master of Social Work (MSW) graduate of the *Brown School of Social Work at Washington University in St. Louis, Missouri*, and is licensed in the state of Maine and Rhode Island as a LCSW & LICSW. Shannyn has spent the vast majority of her 20-year career in the fields of social work and human service. She has worked in small grassroots and large nonprofits, in schools, summer camps, and a number of community settings.

Shannyn is the Founder and Managing Director of and breathe., llc.

www.and-breathe.com